I claim:

1. A storing and dispensing system, comprising:

a case and a slideable card holding items to be dispensed; said card comprising at least one detent receiver and at least one retainer receiver; said case comprising:

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a first side matingly connected to a second side to form a void for receiving said card:

opposite closed edges and a closed end formed by said mated connection and further defining said void;

an open end opposite said closed end configured to permit said card to translate between a first position and a second position;

at least one detent extending from one of said sides toward said void for engaging said detent receiver;

a release proximate to said detent configured to disengage said detent receiver and said detent; and

whereby engaging said detent and detent receiver locks said card within said case, and manipulating said release to disengage said detent and detent receiver unlocks said card.

2. The system of claim 1, further comprising a means for engaging located adjacent to said detent for urging said detent receiver to engage said detent.

- 5 3. The system of claim 2, further comprising a retainer located within said void having a fixed end and a distal free end, said free end configured to engage said retainer receiver and interrupt the separation of said card from said case.
- 4. The system of claim 3, wherein said retainer is configured to permit said free end to be disengaged from said retainer receiver by a replacement card.
 - 5. The system of claim 4, wherein said detent receiver and said retainer receiver each comprise the same aperture.
- 15 6. The system of claim 1, wherein said card comprises a unit dose blister card holding consumable medicaments.

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- 7. The system of claim 2, wherein said means for engaging comprises at least one inwardly extending appurtenant that exerts a compressive force on said card.
- 8. The system of claim 1, wherein said first position comprises said detent engaged with said detent receiver, and said card is substantially enclosed within said case.
- 9. The system of claim 1, wherein said second position comprises said retainer engaged with said retainer receiver, and said card is substantially extended beyond said case.

- 10. A child-resistant apparatus, comprising:
- a base matingly connected to a top to form a void for receiving a blister card holding medicaments;
- opposite sides and a closed end formed by said mated connection, further defining said void; an open end opposite said closed end, configured to permit translating motion of said card; at least one detent positioned within said void to engage said card in a first, substantially received, position;
 - at least one means for engaging positioned within said void and adjacent to said detent, configured to urge said card to engage said detent when said card is in said first position; a release, integral to said case and proximate to said detent, configured to disengage said card from said detent; and

at least one retainer positioned within said void to engage said card in a second, substantially extended, position.

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- 11. The apparatus of claim 10, wherein said means for engaging comprises at least one inwardly extending appurtenant.
- 12. The apparatus of claim 11, wherein said extending appurtenant exerts a compressive force on said card.
 - 13. The apparatus of claim 10, wherein said retainer comprises a releasable, inwardly extending appurtenant.
- 25 14. A blister card for use with a child-resistant blister card receiving case, comprising:

a first side having a plurality of pliable blisters configured to receive medicaments;

- at least one medicament positioned within at least one blister;
- a breakable sealant affixed to a second side and securing said medicaments in said, respective, blisters;
- at least one detent receiver, configured to engage a detent of said case when said card is in a first, substantially received position;
 - at least one retainer receiver, configured to engage a retainer attached to said case when said card is in a second substantially extended position; and
- wherein said blisters are positioned to permit said card to slide between said first and second positions.
 - 15. The card of claim 14, wherein said detent receiver and said retainer receiver each comprise separate apertures.
- 15 16. The card of claim 14, wherein said detent receiver and said retainer receiver each comprise the same aperture.

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- 17. The card of claim 14, wherein said first position comprises said card substantially enclosed within said case.
- 18. The card of claim 14, wherein said second position comprises said card substantially extended beyond said case.